## **MORNING SESSION**

Day 1

#### 1. Introduction to 3 day training

a. Presentation of participants

Rain the he intercultural Gap for Trainers b. Personal objective statement (written by participants) for the 3 day training

c. Personal fear factor statement

#### 2. Identify learning objectives for facilitating a training module

- a. How to write a training objective and why
- b. Activity: create objectives for each module

## **AFTERNOON SESSION**

#### 3. Three training methods: how and why?

- a. Synopsis of the 3 methods and related methods used in the modules
- b. Activity: training method practice (abacus, chess, quarto)



#### MORNING SESSION

## 1. The 4 key trainer skills: LRQO

Listening, Reformulate, Questioning and Observing

# 2. First training: each participant performs the

- launch sequence
- a. Role Play
- b. Debriefing

## 3. Starting group/individual facilitation

a. Useful tips on how to start a group facilitation b. Analysis

## AFTERNOON SESSION

## 4. Upside-down Drawing

a. Task, Condition, Congruency Tasks and specifications for desired outcomes

## 5. Design module for your activity

## 6. How to handle challenging trainees and issues

a. Identification of challenging trainees: the opposers, unmotivated participants, monopolists, ... b. How to deal with resistance (discussion and key comments)



### MORNING SESSION

- 1. Start up Exercise: highlights from day one
- 2. Activity: practice sessions including:
- a. Role Play / debriefing with observation checklist
- b. Specific trainer contributions

### **AFTERNOON SESSION**

3. Activity: Performance and Feedback (30 min per participant) a. Participant facilitation

b. Debriefing with observation checklist including know how in facilitation: transition from one group to another, use of visuals, pointer, paperboard, time and space, and silence, ...

### 4. Summary of main points and assessment of the training

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